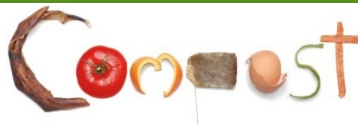




5 Easy Tips to Reduce Waste at Two MarketPointe



1) Collect these **TOP FIVE Compostable Items** in your designated **Organics Bin**:

1. ALL food scraps
2. To-go containers from Dakota's Cafe (on level 2)
3. Soiled paper items (paper towels, napkins, tissues)
4. Coffee grounds or tea bags AND their paper filter!
5. Pizza boxes



2) Order a K-Cup Recycler!

[Grounds to Grow On](#) is a company in the Midwest who deconstructs K-Cups to recycle their contents.

Your part is EASY! After signing-up, place your K-Cup® pods in the given Grounds to Grow On™ recovery bin. Once the bin is full, bring the bin with its pre-paid shipping label to UPS for pick-up (it can be left at our building's UPS box for pick-up on level 1), or drop it off at any UPS location. They separate the K-Cup® pod components and turn them into recycled products. (See video [HERE](#))



[Click here to sign-up or learn more now!](#)

3) Convert to Compostable

Ditch all styro-foam cups, plastic silverware, wax-lined paper plates and plastic stirring straws. Instead, order BPI-Certified Compostable cups and silverware, 100% paper plates, and wood sticks for stirring (they're compostable!).



Take caution over Greenwashing claims such as, "Made From 100% Recycled Material" or "Degradable." These products usually contain plastic and cannot be composted.

Look for products that are labeled "Compostable" with the BPI logo as a stamp of approval. (Visit [BPI World](https://www.bpiworld.com) for a full list of certified items)



4) Reduce Overall Food Waste

Prevent Food Waste By:

- Planning weekly meals
- Storing food securely
- Saving and eating leftovers
- Freezing perishable food for later
- Understand expiration dates. Hint: they are normally just suggestions.

Find more food-saving information at [SavetheFood.com](https://www.savethefood.com)



5) Reduce Your Plastic-Use

- Look for items with the least amount of packaging. Buy whole produce and foods without plastic packaging when possible.
- Buy in bulk when practical.
- Use reusable containers instead of Zip-lock bags.
- Avoid disposable and individually wrapped items.
- Buy products packed or made with recycled materials.
- Borrow, rent and shop used first.
- Buy returnable and refillable containers.
- Buy durable, high-quality items.
- Spread the news about waste reduction, reuse, and recycling with friends and family.
- Use reusable bags instead of plastic produce bags and grocery bags.

